

2009 Young People's Mountain Trip

The Humanity of Jesus Lived Out in Us

Name: _____

Locality: _____



December 18-22, 2009

The Humanity of Jesus Lived Out in Us

Meeting 1 –The Humanity of Jesus to Reach the Goal (Heb. 12:1-2; Rev. 1:5-6)

1. Our destiny to become kings and priests (Rev. 1:5-6; 20:4, 6)
 - a. To look away unto Jesus who is the author and finisher of our faith (Heb. 12:2)
 - b. To grow in faith by partaking of the humanity of Jesus (2 Pet. 1:5-7)
 - c. To reveal the mystery of godliness, God manifested in the flesh (1 Tim. 3:15,16)
 - d. To walk worthy of our calling (Eph. 4:1; 1 Tim. 4:16)
 - e. To reach the goal, we need Jesus as the Man! (1 Tim. 2:5)
 - f. Today God is testing our character (1 Cor. 10:13)
 - g. God's desire is to make us kings and priests
2. Jesus is the way, the life and the truth (John 14:6)
 - a. The Lord created the new man from the cross
 - b. Need for the new man – the old man is destroyed (Phil. 2:5-11; Eph. 4:22-24; Gal. 2:20; 3:27; Rom. 6:4-6)
 - i. Put off the old man and put on the new man (Eph. 5:22-24)
 - ii. Not by improving our old man, but by taking Christ as our life (1 Cor.15:45)
 - iii. Not attainable by laws, do's and don'ts, but from within through Jesus as our life
3. Who is this Jesus? (Phil. 2:1-11; Heb. 12:1-2)
 - a. He is the Man (Heb. 2:9)
 - b. From a child, Jesus was focused on the Father's business (Luke 2:41-50)
 - c. He is our example as a young person (Luke 2:40, 52)
 - d. Obedient to do the Father's will (Matt. 26:36-46; Phil. 2:1-11)
 - e. Pleased, delighted, satisfied the Father (Matt. 3:17; Rom 8:8)
 - f. He is able to sympathize with our weakness (Heb. 4:15)

Meeting 2 – Eating and Drinking to Gain His Humanity and to Grow in Life

1. The importance of eating and drinking – God’s way for men to live (Matt. 4:4, Luke 4:4; Jer. 15:16)
 - a. Live not by bread alone (physical food), but by every word of God (spiritual food)
 - b. Examples of eating and drinking in the entire bible – the tree of life and the river of water, the Passover lamb, the manna from heaven, the offerings, the fruits of the good land, the smitten rock, the bread from heaven, the word of God, drinking of the Spirit.
2. Eating the meal offering (Lev. 2; 6:14-23)
 - a. Fine flour – the perfect humanity of Jesus as our nourishment
 - b. Oil – mingled with the Spirit
 - c. Eaten by priests to serve the Lord (Lev. 6:16, 18)
3. Pray-reading every word of God (Eph. 6:17-18)
 - a. Take the word of God by means of prayer
 - b. Mingle the word with faith (John 6:35; Heb. 4:2)
 - c. Come to Him (John 1:1, 14; 6:35)
 - d. Taste His word (Psa. 19:10; 119:103)
 - e. Drink the milk of the word as babes (1 Pet. 2:2-3)
 - f. Eat solid food as we grow (Heb. 5:12-14; 1 Cor. 3:1-3)
 - g. Example of eating the manna (John 6:48-51; Exo. 16:4-5)
 - i. Early in the morning (Exo. 16:19-21)
 - ii. Eat on a regular basis, each day (Exo. 16:20)
4. Becoming a man of God by eating the word of God (2 Tim. 3:15-17)
 - a. Being strong in the spirit (John 6:63, Luke 2:40, 52)
 - b. Increasing in wisdom and stature
 - c. Finding favor with God and men
 - d. Overcoming the temptations of the devil (Matt. 4:1-17)
 - e. Being cleansed and sanctified from the blemishes in our humanity (Eph. 5:26; Psa. 119:9)
 - i. A permanent change
 - ii. A change from within

- f. Being useful to the Master's good work
(2 Tim. 2:20-21)
- g. Being a good minister of Jesus Christ
(1 Tim. 4:6)

Meeting 3 – The Humanity of Jesus to Overcome the World
(1 John 4:4)

- 1. The Devil's goal is to destroy our vessels
 - a. God was sorry that He had made man (Gen. 6:5-8)
 - b. The whole world lies in the evil one (1 John 5:19; 2:15-17; 4:4)
 - c. Our flesh, body – our vessels defiled and destroyed (1 Thess. 4:3-5; 2 Tim. 2:20-21)
 - d. Our soul – the mind is darkened, the emotions grow lukewarm, and the will chooses the world (2 Tim. 3:1-4)
 - e. Our spirit is desensitized
 - i. Conscience seared (1 Tim. 4:1-2)
 - ii. Faith shipwrecked (1 Tim. 1:19)
 - f. Having a form of godliness denying its power (2 Tim. 3:5)
 - g. In contrast, we need to be a man of God (1 Tim. 6:11, 2 Tim. 3:17)
- 2. Jesus is the one who overcame (1 John 4:4)
 - a. As a king and as a man, Jesus was tested and He resisted the temptations of the devil (Matt. 4:1-11; Luke 4:1-13)
 - i. Hunger – food (Luke 4:1-4; Matt. 4:1-4)
 - ii. Power – world (Luke 4:5-8; Matt. 4:5-7)
 - iii. Tempting God (Luke 4:9-12 Matt. 4:8-10)
 - iv. Satan will always tempt (Luke 4:13)
 - b. Lord starts with our spirit, then our soul and finally even our body (1 Thess. 5:23)
 - c. Flee
 - i. Body – the lusts (2 Tim. 2:22)
 - ii. Soul – the envy, strife, arguments, etc. (1 Tim. 6:4-11)

- d. Pursue in the spirit
 - i. Righteousness, godliness, faith, love, patience, gentleness, etc. (1 Tim. 6:11)
 - ii. With those who call on the Lord out of a pure heart (2 Tim. 2:22)
 - iii. Be absolute in dealing with the world (1 John 2:15)
- e. The Man, Jesus overcame and is now seated at the right hand of God (Heb. 12:2)

Meeting 4 – The Humanity of Jesus to Bear Responsibilities in Our Human Life
(1 Tim. 5:8; Eph 5:1)

- 1. Our conduct in the house of God (1 Tim. 3:15-17)
 - a. God manifested in the flesh – man needs to see
 - b. Justified by the Spirit – must be well pleasing to the Lord
 - c. Seen by angels – when we're by ourselves, even the angels must see
 - d. Preached to the Gentiles
 - e. Believed on
 - f. Received up into glory
 - g. Must be seen, as our example and testimony (1 Thess. 1:6-7)
- 2. Responsible for the Father's business (Luke 2:41-51)
 - a. Responsible for your actions and spoke the truth, no excuses (Luke 2:49)
 - b. Parents even remembered the testimony (Luke 2:51)
- 3. Bearing responsibilities (1 Tim. 5:8)
 - a. Our room and our house, (1 Tim. 3:4-5)
 - i. Chores around the house
 - 1. Making our bed (John 20:7)
 - 2. Cleaning up (John 6:12)
 - ii. Not being wasteful (John 6:12)
 - iii. Proper clothing (1 Pet. 3:3-4; 1 Tim. 2:9-10)

- b. Our family
 - i. Relationship with parents & siblings (Eph. 6:1-4; Col. 3:20-21; Exo.20:12)
 - 1. As children (Luke 2:41-50)
 - 2. As adults (Luke 14:26-27; Matt. 10:37)
 - c. The saints, our friends, colleagues, etc.
 - i. Hospitable (Rom. 12:13)
 - ii. Serving food to the disciples – what about our guests (John 21:12)
 - iii. How he speaks to people (John 3, 4)
 - d. At work, our supervisors (Eph. 6:5-9; Col. 3:22-25)
 - e. In everything, we do unto the Lord (Col. 3:17)
- 4. Disciplined and diligent (Gen. 49:4, Heb. 11:6)
 - a. Exercise unto godliness (1 Tim. 4:8)
- 5. As faithful servants rewarded to rule over many things (Matt. 25:1-15)

Meeting 5 – The Humanity of Jesus to Manage Our Human Life
(Eph 5:1)

- 1. Time – redeeming the time (Eph. 5:16; Col. 4:5)
 - a. Example wise virgins of gaining the oil (Matt. 25:1-13)
 - b. Redeeming the time (Eph. 5:16)
 - i. First know where your time is spent
 - ii. Then you can redeem
 - iii. Create a schedule
 - c. Making time for the Lord (Eph. 5:15-17)
 - i. Spend time with the Lord (Exo. 33:11)
 - ii. Develop habit to go to the meetings (Heb. 10:25)
 - d. Keeping on schedule
 - i. The Lord kept a schedule on when He should go to Jerusalem (John 7:7-9; 12:1)
 - ii. Pray before start doing homework and you will be more efficient with your time
 - iii. Following the schedule you make is an exercise
 - e. Satan will usurp your time (Exo. 1:9-14; 5:4-19)

2. Finances – comes from the Lord (Matt. 6:25-34)
 - a. Being content with what we have (1 Tim. 6:6-10)
 - i. Managing your money (1 Tim. 5:8)
 - ii. Spending wisely
 - iii. Lord did not waste food (John 6:12)
 - b. Working so hard, but not getting ahead (Haggai 1:5-6)
 - i. Easier for a camel to enter the eye of a needle than a rich man to enter the kingdom of God (Luke 18:24; Mk. 10:24-25; Matt. 19:23-24)
 - ii. End goal of earning all the riches (Rev. 18:9-19; 2 Peter 3:10-11)
 - c. Giving to the Lord (Deut. 12:1-3; Luke 21:1-3; Mk. 12:41-42)
3. Seeking the Lord in our decisions (Heb. 11:6)
 - a. Put the Lord first
 - i. Seeking the Lord's kingdom first (Matt. 6:9-13, 33)
 - ii. Setting our mind on the things that are above (Col. 3:1-2; Phil. 3:12-20)
 - iii. Everything on this earth will pass (2 Pet. 3:10; Phil. 3:19)
 - b. He will provide
 - i. Thorns of the weeds that choke the word (Matt. 13:22; Mk. 4:18-19; Luke 8:14)
 - ii. Not to worry – stress (Matt. 6:24-34; Phil. 4:6)
 - iii. Don't ask amiss (James 4:3)
 - c. Ask the Lord, not the world
 - i. Man's wisdom (Facebook? Friends? Advantages/Disadvantages)
 - ii. God's wisdom (1 Cor. 2:6-16; James 1:5-8; Eph. 4:17-24; 5:15-17)
 - d. Ask the body of Christ, not unbelievers
 - i. Confirmation by the spirit in each member (Heb. 2:3; Mark 16:20)
 - ii. When we are struggling (James 5:16)
 - iii. When it may affect the body (1 Cor. 12:26)
 - e. Look unto Jesus in the race which we are running (Heb. 12:1-2)

Meeting 6 – The Humanity of Jesus to Live the Church Life
(Eph. 4:1-7)

1. Goal of the church life is the testimony of oneness (John 17:21; Eph. 4:1-7)
 - a. By the oneness of the Spirit (Eph. 4:3-4)
 - b. Practical oneness – one church in one city according to the example in God’s word (Acts 8:1; 11:22; 13:1; 1 Cor. 1:2; Rev. 2-3)
2. Endeavoring to keep the oneness in the Spirit
 - a. Offenses
 - i. Types of Offense
 1. Intentional – Directly speaking with intent to harm.
 2. Unintentional – Most common in the church!
 - ii. Preventing offense
 1. Controlling the tongue (Eph. 4:29-30; 2 Tim. 2:23; James 3:1-11)
 2. Controlling our “digital” tongue as well
 - iii. Dealing with offense
 1. Bringing it to light (Matt. 18:15-19)
 2. Apologizing (Matt. 18:15-19)
 3. Forgiving (Matt. 18:21-35)
 4. With haste
 - a. Not let the sun go down on our anger (Eph. 4:26)
 - b. To be pure before the Lord (Matt. 5:23-24)
 5. Completely
 - iv. The consequence of not dealing with offenses (Matt. 18:21-35)
 1. Spreading offenses to others in the church
 2. Ultimately leads to division
 3. Lost time and work for the Lord
 4. Consequences from the Lord

- b. Godly discipline or rebuke (Heb. 12:5-11; Gal. 6:1-2; Rom. 16:18; 2 Tim. 2:25-26)
 - i. Be open to be rebuked (Prov. 9:8; 25:12; Eccl. 7:5)
 - ii. Be willing to rebuke each other
 - 1. Iron sharpens iron (Prov. 27:17)
 - 2. Speaking the truth in love (Eph. 4:15)
 - iii. Have the proper attitude in correcting each other (Matt. 7:3-5)
 - 1. With gentleness to help them escape the snare of the devil (2 Tim. 2:25-6)
 - 2. Help those who have fallen (Gal. 6:1)
 - 3. Avoid those who caused division (Rom. 16:17-18)
- 3. Every member of the body is needed (Eph. 4:16)
 - a. When one suffers the body suffers (1 Cor. 12:26)
 - i. Be honest with one another
 - ii. Do not cover up and hide (Gen. 3:7-10)
 - 1. Don't be cut off when from the body or you'll die
 - 2. Don't lag behind too far, or you'll be killed
 - 3. We are children of light, so walk in light
 - b. Fellowship for prayer and not for gossip
- 4. Conducting ourselves in the house of the living God (1 Tim 3:15-16)
 - a. In our speaking, we must feed and lead one another back to the Lord and to the flock – the church (Acts 20:28; John 21:15-17; 1 Tim. 4:6)
 - b. Speaking the truth in love (Eph. 4:15-16)
 - c. Testimony of oneness is what the Lord wants (Eph. 4:1-4)
 - d. Being an example to the believer (1 Tim. 4:12)
 - i. Not only to the unbelievers
 - ii. But especially to the believers

Meeting 7 – The Humanity of Jesus to Preach the Kingdom of Heaven
(Matt. 10:7; Phil. 1:27)

1. The Lord's commission (Matt. 28:19-20)
 - a. The Lord preached and baptizing (Matt. 26:18)
 - i. Immediately went after being baptized and tested (Luke 4:14-19; Matt. 9:36)
 - ii. Must preach the gospel (Luke 4:43; 2 Tim. 4:2)
 - iii. Compassion for people (Micah 7:18-20)
 1. Reached the weary, scattered, lost (Matt. 9:35-37; 10:6)
 2. Sick and hungry (Matt. 14:13-18; Mk. 6:34-37)
 3. Blind (Matt. 20:33-34)
 4. Friends of the sinners (Matt. 11:19; Luke 7:34)
 5. Did not despise the sinners (Luke 18:9-14)
 6. Gathered the outcasts (Psa. 147:2)
 7. If we do not care for people, they will not get saved and brought into the church
 - iv. Boldness to speak the truth (John 7:25-26)
 1. As a child (Luke 2:46-47)
 2. To the Pharisee
 3. Not fearing being rejected
 - v. Suffering for the gospel (Matt. 5:10-11; Luke 8:35; 2 Tim. 1:8-9, 12)
 - vi. Walk worthy of the gospel (Phil. 1:27)
 - b. Teaching them to observe all things I have commanded you (Matt. 28:20)
 - i. Building up of the church (Matt. 16:18)
 - ii. Feeding and shepherding (John 21:15-17)
 - iii. Perfecting of the members
 1. Captain of our salvation (Heb. 2:9-11)
 2. We as the members (Col. 1:27-29; Heb. 12:5-11; Eph. 4:11-16)

2. Battle for the kingdom of heaven is by force (Matt. 11:12)
 - a. Weapons for the gospel in spiritual battle
 - i. Prayer (Matt. 6:9-13; Eph. 6:10-18)
 1. Pray for the people (1 Tim. 2:1-4)
 2. Pray always (1 Thess. 5:17)
 3. Watch and pray, not sleeping (Matt. 26:36-46)
 - ii. Word (John 17:8; Eph. 6:17-18; Heb 4:12)
 1. The Lord used the word to speak the gospel
 2. Know the word (Luke 2:40-51; 2 Tim. 3:16-17)
 3. Trained to speak the word properly (2 Tim. 2:15)
 4. Speak the word with boldness (Eph. 6:19-20)
 5. Speaking as the church (1 Cor. 14:25-26)
 - b. The church (Matt. 16:18)
 - i. The Lord will build His church
 - ii. Protection against the gates of Hades
 - iii. Need the support of the church to pray for the ones who preach the gospel (Eph. 6:18-20)
3. The humanity of Jesus to prepare us for the goal (Heb. 12:1-2)
 - a. Looking unto Jesus, the author and finisher of our faith (Heb 12:1-2)
 - b. See the Son of Man at His appearing (Matt. 16:28)

Mountain Trip Schedule

Saturday

6:45 - 7:35 Rise, Shine &
Be Ready
7:35 - 7:50 Morning Watch
8:00 Breakfast
9:30 - 11:30 Morning Meeting
Noon Lunch
1:00 - 1:45 Group Activity
1:45 - 3:00 Recreation
3:00 - 3:30 Clean up & Rest
3:30 - 4:00 Personal Time
4:15 - 5:15 Group Fellowship
5:30 Dinner
7:00 - 9:00 Evening Meeting
9:00 Snack
9:45 - 10:00 Prayer Time
10:30 Lights Out

Lord's Day

6:45 - 7:35 Rise, Shine &
Be Ready
7:35 - 7:50 Morning Watch
8:00 Breakfast
9:30 - 11:30 Morning Meeting
Noon Lunch
1:00 - 2:00 Group Activity
1:45 - 3:00 Recreation
3:00 - 3:30 Clean up & Rest
3:30 - 4:00 Personal Time
4:15 - 5:15 Group Fellowship
5:30 Dinner
7:00 - 9:00 Evening Meeting
9:00 Snack
9:45 - 10:00 Prayer Time
10:30 Lights Out

Monday

6:45 - 7:35 Rise, Shine &
Be Ready
7:35 - 7:50 Morning Watch
8:00 Breakfast
9:30 - 11:30 Morning Meeting
Noon Lunch
1:00 - 2:00 Recreation
2:00 - 3:00 Group Activity
3:00 - 3:30 Clean up & Rest
3:30 - 4:00 Personal Time
4:15 - 5:15 Group Fellowship
5:30 Dinner
7:00 - 9:00 Evening Meeting
9:00 Snack
9:45 - 10:00 Prayer Time
10:30 Lights Out

Tuesday

6:45 - 7:35 Rise, Shine &
Be Ready
7:35 - 7:50 Morning Watch
8:00 Breakfast
9:30 - 11:30 Morning Meeting
Noon Lunch
1:00 - 1:30 Pack up, clean up
1:30 Leave for home

Mountain Trip Activity Descriptions



Morning Watch

- Praying
- Singing
- Reading & pray-reading the word of God
- Sharing about the meetings



Prayer Time

- Everyone in the cabin or room must attend
- Encourage everyone to pray
- Have each one share on what they enjoyed that day
- Sing a song
- Fellowship about the meeting



Group Fellowship

- We will break into smaller groups: Junior High, High School, and College.
- If you are a serving one and are burdened for a specific group, please feel free to join that group.
- This time is for fellowship, encouragement, building up, and prayer.



Personal Time

- Find a place that you can be by yourself to have your personal time.
- Suggestions for your personal time:
 - Pray read the word of God
 - Pray to fellowship with the Lord
 - Sing



General Recreation

The following sports will be available:

- Volleyball
- Basketball
- Hiking
- Mini-golf
- Games
- Singing
- Ping Pong, Fussball, Air Hockey

Points of Contacts

<p>Camp Issues</p> <ul style="list-style-type: none">• Dennis Jaw• Stefan Strobel• John Yao <p>If you do not have heat in the cabins, nor hot water, etc., please notify us immediately.</p>	<p>Medical</p> <ul style="list-style-type: none">• Andreas Rimner• Tiffany Jaw <p>Please report any sickness to a serving one immediately.</p>
<p>Group Activity</p> <ul style="list-style-type: none">• Tiffany Jaw• Dennis Jaw• Eunice Lam <p>Mandatory participation. Everyone has been assigned to a group, as identified on your name badge.</p>	<p>Music</p> <ul style="list-style-type: none">• Timo Chua• Tu Nguyen <p>NOTE: All guitars must be tuned 15 minutes before the meeting and all players are seated together in the front two rows.</p>

Camp Layout

